

SUPPLIES / INSTRUCTIONS FOR HAGGIS HURL

- BAG WITH WEIGHT / ROCK
- SOMETHING TO STAND ON FOR ELEVATION
- MEASUREMENT TOOL
- THE HAGGIS IS THROWN LIKE A SHOT-PUT MORE THAN A BASEBALL FOR BOTH DISTANCE AND ACCURACY FROM ATOP A WHISKY BARREL.
- A SPLIT OR BURST HAGGIS IS IMMEDIATELY DISQUALIFIED, AS THE HAGGIS MUST BE FIT TO EAT AFTER LANDING!
- THE SPORT REQUIRES SUBTLE TECHNIQUE RATHER THAN BRUTE FORCE, AS THE HURL MUST RESULT IN GENTLE LANDING TO KEEP THE HAGGIS SKIN INTACT.
- HOW FAR CAN YOU HURL THE HAGGIS?